

THERESE MAY STUDIO

ART QUILTS

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Spirit Quilts

A TWO-DAY WORKSHOP,

To begin creating a 48x48" art quilt

MATERIALS

Journal and pen

18"x24" paper & pencil

Scissors

Pins

Fabric--solids full range of color, prints, black and white—this is your palette of color. Bring some larger pieces so you have choices for a background for your appliqué picture and for backing.

Wonder Under, 3 yards (a product made by Pellon; it comes on a bolt-get the light weight kind)

Stitch N Tear, 3 yards

Thread—lots of colors

Sewing machine with satin stitch

Batting—4ftx4ft or so

For Embellishment:

Buttons

Beads

Lace

Ribbons

Old jewelry

Sewing needles

Beading needles

Hand quilting thread

Tulip Paint; white and one other color (available at Michael's)